



Plan

Multiple disadvantage: Our plan for 2023 - 2026

What is multiple disadvantage?



This plan uses the words **multiple disadvantage**.



Multiple disadvantage is when there is more than 1 reason why a person might not be able to:

- stay healthy



- get a job

- have a home



- have good relationships

About this plan



This plan is for:

- people who have experienced multiple disadvantage
- people who write **policies**



A **policy** is about the things an organisation will do, or not do.



- people who make decisions about how to help people in Bristol
- people who work in Bristol City Council
- businesses and other organisations who can help



About this plan

To write this plan, we:



- listened to local people



- looked at information about the people who live in Bristol



- talked to organisations who already help people who face multiple disadvantage

Causes of multiple disadvantage

Some reasons why people might face **multiple disadvantage**:



- homelessness



- mental health problems



- problems with drugs or alcohol



- being involved in crime

- being abused by someone you live with

Multiple disadvantage in Bristol

3750 people in Bristol have **2** types of disadvantage.



For example:

- addicted to drugs **and** a victim of domestic abuse
- mental health issue **and** homeless



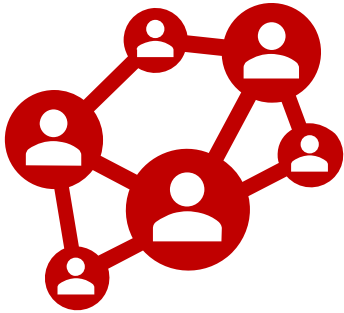
1450 people have **3** or more types of disadvantage.

For example:



- homeless **and** mental health issues **and** involved in crime

The problems we need to solve



Organisations who help people do not always work well together.



A person who is homeless and addicted to drugs might get help from:

- a charity and Bristol City Council, for help with finding a home
- a different charity to help with the person's addiction



But these organisations might not talk to each other about what they are doing to help.

The problems we need to solve



We don't learn enough from people's lived experience.

Real life is complicated!
We can't help people properly if we do not understand their lives.



A person may be homeless and involved in crime.

They might **also** have long-term health problems or a disability.

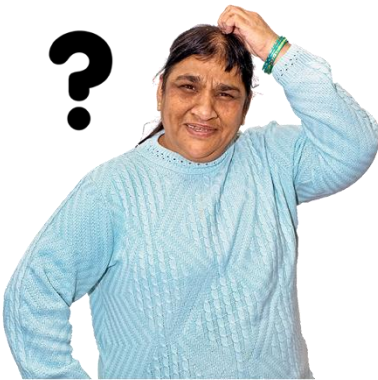
They may **also** have been excluded from school or struggle to understand English.



We need to listen to people, so we can get better at reducing the disadvantages they face.

The problems we need to solve

People also told us that:



- getting help is too complicated
- different organisations tell you different things



- transitions – life changes - are difficult. For example, leaving school or leaving prison.

- people in organisations who help local people do not know enough about trauma



- if you have problems with drugs or alcohol, it is hard to get help with mental health

Things we will do



1. Improve services

Get better at helping people with multiple disadvantage.



2. Speed up

Help people more quickly.



3. Co-production

Ask local people to help us improve services.



4. Information

Find out more about the people we need to help.



5. Partnership

Organisations must work together more often.

Useful links



Changing Futures Website
www.changingfuturesbristol.co.uk



Twitter
www.twitter.com/CFBristol



Instagram
www.instagram.com/cfbristol/



YouTube
[@changingfuturesbristol](https://www.youtube.com/@changingfuturesbristol)