

Trevor



Trevor has been sleeping rough for the best part of 30 years.

When he was a child, he was repeatedly abused by a family member. When he told his parents what had been happening, he was eventually sent to boarding school. From there, he decided to join the army as soon as he could, which was 16 years old. He served in the Falklands war and left the army shortly after with severe PTSD.

Since then, he has significant problems with anxiety and is prone to panic in unfamiliar environments. He finds it difficult to trust professionals and suffers with paranoia. As he finds it so hard to build trusting relationships, he's only ever been able to access hostel accommodation but he finds hostels too stressful and repeatedly abandons his placements.

He's not claiming benefits because he doesn't trust the system and he doesn't feel comfortable visiting the job centre.

He is now over 60 years old and on top of the long lasting impact of rough sleeping, he has a number of age related medical issues such as liver disease, ongoing lung condition and deep vein thrombosis.

He's not registered with a GP because he doesn't feel able to walk into a GP practice and he cannot keep appointments.

He considers himself to be alcohol dependent and is regularly shoplifting to maintain his habit. This together with the rough sleeping, begging and mental health issues has led to him serving over 50 short custodial sentences in his lifetime. He has a bit of a relationship with his probation officer but finds it difficult to keep appointments and could probably use some additional support with that.

He is aware that his health is declining and he would very much like to find a place to stay, somewhere quiet and probably aimed at someone his age. He would also like to access mental health and addiction support.

He loves animals and he would really like to have a cat when he has stable accommodation.

